

# My User Manual

YOUR NAME HERE

1

Make your own copy of this page, then fill it in.

2

Fill in the text prompts you're comfortable with answering.

3

Presentation time! This is a safe space, so relax and feel free to share.

Conditions I like to work in

I work best when...

Times / hours I like to work

I work during...

Best ways to communicate with me

The best way to get your message across is by...

Kind of feedback I need and how to deliver it

I want to improve in... I receive feedback best by...

Things I need support with

I appreciate help with...

How I learn best

The best way for me to learn something new is...

Things I struggle with

I find it difficult when...

Things I love and enjoy

I love it when...

Facts about me I'd like to share

I'm a...